

# PERU ELEMENTARY SCHOOL DISTRICT 124

## BREAKFAST/LUNCH MENU

### OCTOBER 2014

Monday	Tuesday	Wednesday	Thursday	Friday
		1 French Toast Sticks Fruit Juice  Meatball Sub Spinach Salad Pears	2 Poptarts Fruit Juice  Pizza Burger on Bun Green Beans Pineapple	3 Breakfast Pizza Fruit Juice  Cheese Pizza Baked Northern Beans Mixed Fruit
6 Cheese Omelet Sausage Link Biscuit/ Jelly  Cheeseburger on Bun Sweet Potato Fries Green Beans Pears	7 Banana Muffin Golden Graham Cereal Bar Fruit Juice  Italian Chicken Strips Brown Rice Carrots Pineapple	8 Pancakes Sausage Patty Fruit Juice  Beef Teriyaki Bites Breadstick Peas Orange Wedges	9 Cereal Biscuit/ Jelly Fruit Juice  Turkey Wrap Cheesy Potatoes Mixed Fruit	10       NO SCHOOL INSTITUTE DAY
13       NO SCHOOL COLUMBUS DAY	14 Cereal Granola Bar Fruit Juice  Ravs in Meat Sauce Garlic Bread Green Beans Apricots	15 Breakfast Pizza Fruit Juice  Country Fried Steak Mashed Potato/Gravy Carrots Bread Tropical Fruit	16 Sausage Bagel Yogurt Fruit Juice  Breaded Chicken Strips Mixed Vegetable Pears	17 Cinn French Toast Fruit Juice  Pepperoni Pizza Rolls Peas Peaches
20 French Toast Sticks Fruit Juice  Hot Dog on Bun Green Beans Applesauce	21 Strawberry Yogurt Bar Bagel/ Cream Cheese Fruit Juice  Breaded Chicken Breast on Bun Fresh Vegetables/Ranch Pears	22 Sausage Biscuit Fruit Juice  Macaroni & Beef Dinner Roll Peas & Carrots Tropical Fruit	23 Cereal Yogurt Fruit Juice  Chicken Fajita w/ Green Peppers Romaine Lettuce Banana	24 Scrambled Eggs Toast/ Jelly Fruit Juice  Cheese Pizza 3 Bean Salad Apricots
27 Breakfast Pizza Fruit Juice  Pork Tenderloin on Bun Sweet Potatoes Corn Mandarin Oranges	28 Cherry Strudel Cereal Bar Fruit Juice  Breaded Chicken Strips Carrots Mixed Fruit	29 Waffles Fruit Juice  Chili in Bread Bowl Cheese Stick Cole Slaw Peaches	30 Cereal Muffin Fruit Juice  BBQ Ribs on Bun Green Beans Pears	31 Breakfast Burrito Fruit Juice  Stuffed Crust Cheese Pizza Romaine Lettuce Apple Crisp

MILK SERVED DAILY WITH BREAKFAST AND LUNCH

# Parkside School

## AlaCarte Price List

**Hot & Cold Subs**  
\$2.00



**Sandwiches, Wraps, Salads**  
**Pretzels & Cheese, Nachos**  
\$1.75



**PBJ, Side Salads**  
**Soup, Lg. Water**  
\$1.00



**Juice Box, Baked Chips, Bagels**  
**Pickle, Sm. Water, Ice Cream**  
**String Cheese, Fruit Parfait**  
**Yogurt, Goldfish Crackers**  
\$.75



**Fruit Snacks, Granola Bars**  
**100% Fruit Juice Cups**  
\$.50



## Alternative Hot Lunch Entree

**Monday: Pizza**

**Tuesday: Chicken Nuggets**

**Wednesday: Bosco Sticks**

**Thursday: Corn Dog Nuggets**

**Friday: Popcorn Chicken**

**Soups served seasonally**

**Chili everyday + one additional soup**